

**REV. CHRISTOPHER M. STAAB, S.J.**  
**PROFESSOR OF THE PRACTICE IN IGNATIAN SPIRITUALITY**  
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**Current position:** Professor of the Practice in Ignatian Spirituality

**Education and Jesuit formation**

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|-----------|---|
| 2023      | Instructor; Pontificia Università Gregoriana, Rome, Italy<br>Institute of Spirituality  |
| 2017-2023 | Graduate student; Universidad Pontificia Comillas, Madrid, Spain – Doctorate in Sacred Theology / Licentiate in Sacred Theology / Master's in Ignatian Spirituality |
| 2017      | Ordination to the Order of Priesthood, Milwaukee, WI  |
| 2014-2016 | Student; Jesuit Faculty of Theology (FAJE), Belo Horizonte, Brazil – BA Theology  |
| 2011-2013 | Teacher; Cristo Rey Jesuit High School – Chicago, IL  |
| 2010-2011 | Teacher; Major Seminary of the Vicariate of Jaén, Perú  |
| 2008-2009 | Student; Universidad de Antonio Ruiz de Montoya, Lima, Perú – Philosophy studies  |
| 2005-2007 | Novice, the Society of Jesus, (The Jesuits); Detroit, MI  |
| 1999-2001 | Student; University of Pittsburgh, Pittsburgh, PA – MA English Literature   |
| 1995-1998 | Student; John Carroll University, Cleveland, OH – BA English Literature<br>King's College, London, England – study abroad program (1 semester)                      |

**Research Projects in Progress**

*A Diary, Discernment, and Devotion: A Study of Ignatius of Loyola's Spiritual Diary.*  
(Manuscript under review by St. Joseph's University Press)

A facsimile edition of the *Spiritual Diary* of Ignatius of Loyola with an English translation (manuscript in translation phase)

A comprehensive selection of the letters, conferences, exhortations and homilies of the late Father General Adolfo Nicolás, SJ (manuscript in process in coordination with Jesuit Curia in Rome)

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### **Published Articles**

"From Frustration to Freedom: A Spiritual Diary as Inspiration for Diary Research", in [The Routledge Handbook of Research Methods in Spirituality and Contemplative Studies](#) (2025)

*Studies in the Spirituality of Jesuits* 56/1 Spring (2024)

["Always Growing in Devotion": The Grace of Devotion in the Life of Ignatius of Loyola and the Society of Jesus"](#)

"Meditating with Paul Simon's *Seven Psalms*" (March 2024)

<https://dimensions.faith/meditating-with-paul-simons-seven-psalms/>

*Manresa* vol 95/376 (2023): 295-298.

["Ayudas para dar los Ejercicios: Sentir y entender escrúpulos"](#)

*Manresa* vol 95/375 (2023): 123-136.

["Un modo de proceder en las cosas espirituales. Las cartas de Ignacio de Loyola a Francisco de Borja como fuente para elaborar una doctrina espiritual ignaciana"](#).

*The Way* vol 62 (2023)

["A Dissertation, a Spiritual Diary, and Devotion: On Spirituality and Academic Research"](#)

*Ignis: Asian Journal of Spirituality* LIII/I (2023/1): 26-35.

["Listening and contemplating Beauty: Our Faith Journey with Pope Francis"](#)

*Theologica Xaveriana* vol 72 (2022): 1-27.

["The desire for Jerusalem – Historical considerations of Ignatius of Loyola's desire to journey to the Holy Land"](#)

### **Book Reviews**

Rev of *Pierre Favre, SJ: Tireless Apostle*, Pierre Emonet. *Sixteenth Century Journal* 54/1-2 (2023), 245-247.

<https://www.journals.uchicago.edu/doi/10.1086/728521>

Rev of *Social Justice and the Sacred: Exploring the Thought of St Alberto Hurtado, SJ*, ed. S. FitzGibbon, J. Gavin, F. Soza. *The Way* 62/2 (2023).

Rev of *El Autógrafo de los Ejercicios Espirituales, The Autograph Copy of the Spiritual Exercises*, eds. Santiago Arzubialde, José García de Castro. *Manresa* 97 (2023), 414-415.

Rev of *El carisma ignaciano ayer y hoy, claves para una lectura actualizada*, Pedro Trigo. *Manresa* 94 (2022), 310.

### **Work in Ignatian Spirituality**

2017-present Preached weekend and 8-day retreats  
Spiritual director 30-day retreat in Loyola, Spain

**Invited Talks, Conferences, and Workshops in Ignatian Spirituality**

- 5/2024 "Jesuit Sources and the First Companions". Ignatian Immersion Program. Manresa, Spain;
- 4/2024 "*Osservare, notare e contemplare* (ES 115): Sant'Ignazio, le donne e il cammino sinodale oggi" Conference at the Pontifical Gregorian University
- 3/2024 Ignatian Spiritual Accompaniment  
A five-day retreat workshop for Jesuits of the Conference of South Asia  
Bhubaneswar, India
- 9/2023 "A Deep Dive into Ignatius of Loyola's Spiritual Diary"  
Spiritual Accompaniment Training Program – Jesuit Institute South Africa
- 7/2023 "Journey of Devotion". An interview for the Society of Jesus Formation website  
English: <https://jesuitformation.global/episodes/spiritual-diary-staab/>  
Spanish: <https://jesuitformation.global/es/episodes/diario-espiritual-staab/>
- 5/2023 "Jesuit Sources and the First Companions". Ignatian Immersion Program. Manresa, Spain;
- 4/2023 "An Ignatian Way of Proceeding in the Spiritual Life". Co znamená byt duchovní (What Does it Mean to be Spiritual?) Katolická Teologická Fakulta Univerzita Karlova; Prague, Czech Republic;

**Courses Taught**

Institute for Ignatian Spirituality: Psychology of the Spiritual Exercises; Discernment: Theory and Practice (Pontifical Gregorian University, Rome, Italy)

Major Seminary: Introduction to Christian Prayer (El Seminario Mayor, Jaén, Perú)

High School: English and Spanish Literature (Cristo Rey Jesuit High School, Chicago)

**Foreign Languages**

Spanish – fluent

Italian – conversational

Portuguese – competent

French – competent

Latin - competent

**Work experience previous to the Society of Jesus**

- 2004-2005 Cardinal Suenens Center at John Carroll University  
Position held: Executive Assistant

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2001-2003    West Group Publishing Company  
Position held: Editor, Proofreader

1998-1999    l'Arche Community Dublin, Ireland  
Position held: Live-in Volunteer Assistant