Santa Clara University
Department of Athletics and Recreation

Cycling (Spinning) Instructor
Job Description

Purpose:
Campus Recreation seeks to enrich the lives of students, faculty, and staff through a broad scope of recreational, educational, and competitive programming. Lifetime Recreation Classes are non-credit instructional classes designed to improve individual health and fitness, promote wellness, and teach positive lifetime activity skills. Classes are scheduled throughout the day and are available for a nominal quarterly fee to students, faculty, staff, spouses, and alumni with Malley Center memberships. Classes include a variety of aerobics and mind/body/spirit formats.

Duties and Responsibilities:
- Teach between one and four thirty minute to one-hour long fitness classes each week.
- Provide a positive public relations and policy education to participants.
- Attend and contribute to all in-services, staff trainings, and meetings.
- Provide a friendly, welcoming, inclusive, service-oriented environment.
- Ensure safe and responsible operation of Multipurpose Room facility at all times.
- Represent the Department of Athletics and Recreation in a professional manner at all times.

Required Qualifications:
- Current nationally-recognized fitness instructor certification.
- Experience participating in an organized cycling class.

Preferred Qualifications:
- At least one year of previous experience teaching group exercise at a gym/club.
- Genuine interest in a variety of individuals and commitment to providing quality service.
- American Red Cross CPR & First Aid certifications.
- Candidates should be reliable, self-motivated, able to multi-task, and respond quickly in an emergency.

Compensation:
$10.00 per hour

(rev. 9/3/10)