Santa Clara University
Counseling & Psychological Services (CAPS)

Director Health & Counseling Services: Dr. Jill Rovaris

Common signs to faculty that a student may be in trouble:
- Excessive procrastination
- Strange behavior or speech
- Comments that suggest excessive confusion or disturbed thinking
- Verbal or written expressions suggestive of harm to self or others
- Excessive requests/demands for contact
- Unduly abrasive or aggressive behavior

How CAPS can help:
In two ways: we can offer help to you in approaching the student and we can provide services to the student.

We offer free and confidential crisis counseling and individual psychotherapy for students to deal with the wide range of issues and problems of young adulthood.

Ways to make a referral to CAPS:
You can ask the student to call us or to come in to schedule an appointment during our regular office hours Monday – Friday 8 AM – 5 PM. CAPS is located in the Cowell Center building (across from the tennis courts).

You can call us while the student is in your office to be sure that the student makes an appointment. Our number is 408-554-4172.

If you feel the situation is a crisis, you can walk the student over to the Cowell Center, where we will try to see the student immediately.

What if it seems to be an emergency?
If a student is threatening him/herself or another person and there is imminent danger of harm, call Campus Safety @X4444 and 9-1-1.

Is anyone available after hours and on weekends?
After Hours Crisis Counseling is available to students, faculty, staff, and parents at 408-551-1760.

Please visit our website http://www.scu.edu/studentlife/osl/caps/index.cfm for more information about our services and staff or call us at 408-554-4172.